Troubleshooting an Apple laptop display that is flickering or frequently going black.

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If you encounter a problem where your Apple laptop screen flickers or blacks out frequently, please follow these steps in order to resolve the issue.

A. Make Sure Your OS is Up to Date:

• **Action:** Check for and install any available updates for macOS.

• **Steps:** Click on the Apple menu () in the top-left corner of your screen.

1. Select **System Preferences** or **System Settings**, depending on your macOS version.

2. Click on **Software Update**.

3. If an update is available, follow the on-screen instructions to download and install it.

4. **Reboot:** Restart your Mac after the update is complete to see if the issue persists.

B. Adjust Your Display Settings:

• **Action**: Modify display settings to prevent automatic adjustments that may cause flickering.

• **Steps**:

1. Open **System Preferences** or **System Settings**.

2. Go to **Displays**.

3. Turn **off** the following options:

■ **Automatically adjust brightness**

■ **True Tone**

4. **Reboot:** Restart your Mac to ensure the new settings take effect.

If these steps don’t fix the issue, please file a helpdesk ticket with us: **http://helpdesk.cad.rit.edu**